



PRAVARA INSTITUTE OF MEDICAL SCIENCES
(DEEMED TO BE UNIVERSITY)
PRAVARA RURAL AYURVED COLLEGE, LONI BK
Time Table For 1st Year BAMS (2024-25 Admitted Batch) W.E.F 1st Dec2025



Day Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00am To 10:00am	KRIYA SHARIR L.H Dr.Supriya Bankar	KRIYA SHARIR L.H Dr.Pratiksha Wable	SANSKRIT NLH Mr.Balasaheb Pote	PADARTH VIGYAN L.H Dr.Namita Butley	SAMHITA ADHYAYAN N.L.H Dr. Padmeshwari Dhage	SAMHITA ADHYAYAN L.H Dr. Padmeshwari Dhage
10:00am To 11:00am	SAMHITA ADHYAYAN L.H Dr Rajashree Chitre	PADARTH VIGYAN L.H Dr.Namita Butley	KRIYA SHARIR L.H Dr.Pratiksha Wable	SAMHITA ADHYAYAN N.L.H Dr. Padmeshwari Dhage	RACHANA SHARIR L.H Dr.Nitin Chandurkar	PADARTH VIGYAN NLH Dr.Namita Butley
11:00am To 12:00pm	PADARTH VIGYAN NLH Dr.Namita Butley	RACHANA SHARIR L.H Dr. Samadhan Patil	PADARTH VIGYAN N.L.H Dr.Namita Butley	RACHANA SHARIR L.H Dr.Pooja Chavan	SANSKRIT N.L.H Mr.Balasaheb Pote	RACHANA SHARIR N.L.H Dr.Pooja Chavan
12:00pm To 1.00pm	RACHANA SHARIR NLH <u>Alternate Week</u> Dr.Samadhan Patil / Dr.Pooja Chavan	SANSKRIT N.L.H Mr.Balasaheb Pote	Mentor – Mentee/ Physical Education	SANSKRIT L.H Mr.Balasaheb Pote	KRIYA SHARIR L.H Dr.Pratiksha Wable	SANSKRIT L.H Mr.Balasaheb Pote Every Month last Saturday Recreation Activity
01:00 PM to 02:00 PM – RECESS						
2.00pm To 4.00pm (Practical)	Practical Rachana Sharir Batch –A Dr.Pooja Chavan	Practical Rachana Sharir Batch –B Dr.Pooja Chavan	Practical Rachana Sharir Batch –A Dr.Samadhan Patil / Dr.Pooja Chavan	Practical Rachana Sharir Batch –B Dr.Nitin Chandurkar/ Dr.Pooja Chavan	KRIYA SHARIR N.L.H Dr. Avinash Bhadkwad	Batches A :- 01 to 50 B :- 51 to 100
	Practical Batch -B Kriya Sharir Dr. Avinash Bhadkwad	Practical Batch -A Kriya Sharir Dr. Avinash Bhadkwad	Practical Batch -B Kriya Sharir Dr. Avinash Bhadkwad	Practical Batch -A Kriya Sharir Dr. Avinash Bhadkwad	Sanskrit Practical N.L.H Mr.Balasaheb Pote	
04:00pm To 05:00pm	SAMHITA ADHYAYAN L.H Dr. Padmeshwari Dhage	SAMHITA ADHYAYAN N.L.H Dr. Padmeshwari Dhage	SAMHITA ADHYAYAN N.L.H Dr. Padmeshwari Dhage	Library	PADARTH VIGYAN N.L.H Dr.Namita Butley	

1st year Academic Coordinator

PRINCIPAL



PRAVARA INSTITUTE OF MEDICAL SCIENCES
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PRAVARA RURAL AYURVED COLLEGE, LONI BK
Time Table For 1st Year BAMS (2025-26 Admitted Batch) W.E.F Dec 2025



Day Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00am To 10:00am	SAMHITA ADHYAYAN L.H Dr.Rajashree Chitre	RACHANA SHARIR N.L.H Dr.Pooja Chavan	SAMHITA ADHYAYAN L.H Dr. Padmeshwari Dhage	SANSKRIT N.L.H Mr.Balasaheb Pote	SANSKRIT N.L.H Mr.Balasaheb Pote	RACHANA SHARIR L.H Dr. Samadhan Patil
10:00am To 11:00am	SANSKRIT L.H Mr.Balasaheb Pote	SANSKRIT L.H Mr.Balasaheb Pote	KRIYA SHARIR L.H Dr.Supriya Bankar	RACHANA SHARIR L.H Dr.Nitin Chandurkar	KRIYA SHARIR L.H Dr.Pratiksha Wable	SAMHITA ADHYAYAN N.L.H Dr. Padmeshwari Dhage
11:00am To 12:00pm	RACHANA SHARIR Practical Dr.Nitin Chandurkar/ Dr.Pooja Chavan	KRIYA SHARIR Practical Dr.Pratiksha Wable	RACHANA SHARIR Practical Dr.Pooja Chavan	KRIYA SHARIR Practical Dr. Avinash Bhadkwad/ Dr.Supriya Bankar	SAMHITA ADHYAYAN N.L.H Dr. Padmeshwari Dhage	KRIYA SHARIR N.L.H Dr.Pratiksha Wable
12:00pm To 1.00pm	KRIYA SHARIR Practical Dr.Pratiksha Wable	RACHANA SHARIR Practical Dr.Pooja Chavan	KRIYA SHARIR Practical Dr.Supriya Bankar/ Dr. Avinash Bhadkwad	RACHANA SHARIR Practical Dr.Samadhan Patil	PADARTH VIGYAN N.L.H Dr.Namita Butley	PADARTH VIGYAN N.L.H Dr.Namita Butley Every Month last Saturday Recreation Activity
01:00 PM to 02:00 PM – RECESS						
2.00pm To 3.00pm	PADARTH VIGYAN L.H Dr.Namita Butley	SAMHITA ADHYAYAN L.H Dr. Padmeshwari Dhage	PADARTH VIGYAN N.L.H Dr.Namita Butley	SAMHITA ADHYAYAN N.L.H Dr. Padmeshwari Dhage	RACHANA SHARIR L.H/N.L.H Dr.Samadhan Patil / Dr.Pooja Chavan	Batches A :- 01 to 50 B :- 51 to 100
3.00pm To 4.00pm	SAMHITA ADHYAYAN N.L.H Dr. Padmeshwari Dhage	PADARTH VIGYAN L.H Dr.Namita Butley	SANSKRIT N.L.H Mr.Balasaheb Pote	PADARTH VIGYAN N.L.H Dr.Namita Butley	KRIYA SHARIR L.H Dr. Avinash Bhadkwad	
04:00pm To 05:00pm	KRIYA SHARIR L.H Dr. Avinash Bhadkwad	SANSKRIT N.L.H Mr.Balasaheb Pote	RACHANA SHARIR L.H Dr.Pooja Chavan	Library	Mentor – Mentee/ Physical Education	

1st year Academic Coordinator

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